Day-1: 90-Minute Launch — Resilience Orbit™

Purpose: Kick off the first orbit with a crisp scope, a micro-runbook, one safeguard, a short game day, and a scorecard. You can pick one orbit per sprint.

Agenda (90 minutes)

- 0–15: Pick scope — one customer journey + one SLO target.
- 15–35: Micro-runbook — Symptom → First action → Owner → Escalation → Rollback/flag.
- 35–70: Ship one safeguard — kill-switch, retries+jitter, circuit-breaker, or probe.
- 70–85: Game day — simulate failure; exit: alert fires, recovery < 5 min.
- 85–90: Scorecard — availability, MTTR, automation shipped, test outcome, next actions.

Templates

Micro-Runbook

Symptom	First Action	Owner	Escalation	Rollback/Flag
e.g., Checkout 5xx > 2%	Flip feature flag; reduce concurrency	On-call (Payments)	SRE lead if >5 min	Rollback build 1234

Safeguard Checklist

- Feature flag / kill-switch
- Retries + jitter / circuit-breaker
- Rollback verified
- Runbook updated
- Alerts updated (symptom-based)

Game Day Notes

- Scenario
- Expected alarm
- Steady-state signal
- Exit criteria (recovery time)
- Owners

Scorecard (Orbit 1)

Availability (SLO): _____

MTTR (P1/P2): _____

Automation Shipped: _____

Game Day Outcome: _____

Top 3 Risks: _____

Next Orbit Priorities: _____